

South Central Indiana School Trust

2023-24 Wellness Incentive: Annual Physical Exam

Guidelines

1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2023-2024 Wellness Incentive.
2. For employees and spouses that complete an Annual Physical Exam for 2023-2024 plan year, he/she will receive a \$150 incentive payment from the school corporation based on the schedule below:
3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

Annual Physicals Date of Service	Submitted to Benefits Dept. By	Paid By
11/1/23 – 4/30/24	5/10/24	5/31/24
5/01/24 – 10/31/24	11/10/24	11/30/24

4. As required by law, taxes will be withheld from the incentive payment.
5. Employees and spouses can earn the 2023-2024 Wellness Incentive between November 1, 2023 – October 31, 2024.
6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor. Employees must submit completed forms to their Human Resources Department at:

Gretchen Wood

gwood@earlywood.org

Fax No: 317-736-8288

Employee/Spouse Information

Employee/Spouse Name

Date

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Email Address

Phone Number

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Annual Physical Exam Information

Physician Name

Telephone Number

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Physician Group (if applicable)

Date of Exam

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Signature of Primary Care Physician

Date

Benefits Department Use Only:

Received by and date:

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